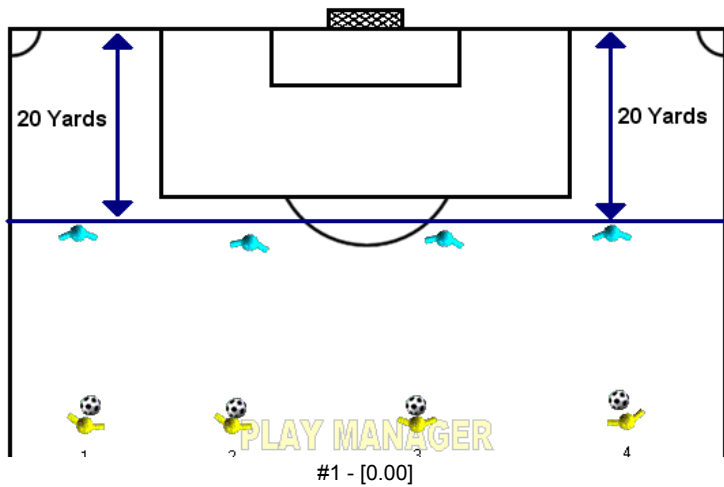


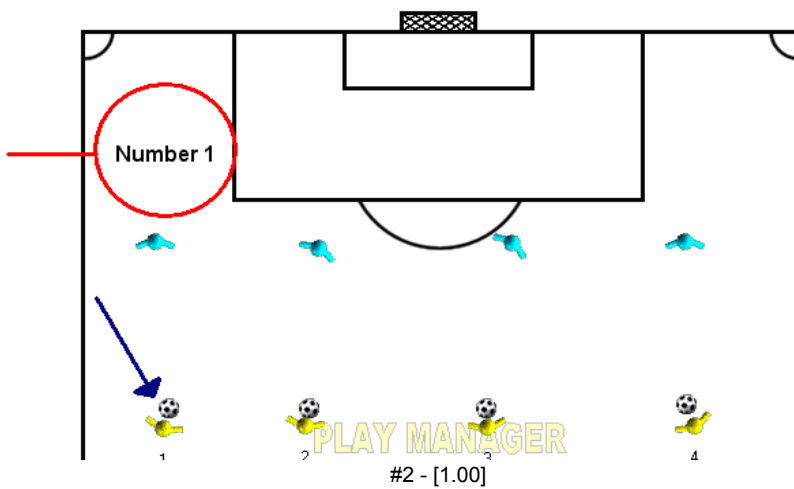
Soccer Sample Plays

Half Field Practice

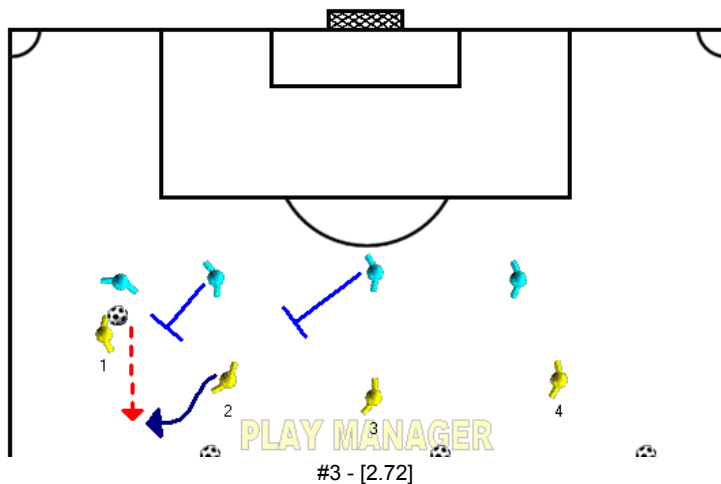
This drill gives defenders practice in defending with the ball at different parts of the field.



The back four defenders start about 20 yards from their goal. On the half-line are groups of four attackers numbered one through four.



The coach shouts a number and that player advances on goal with the ball, along with the other three attackers in his group.



It is important that the defenders provide cover instead of marking a player that is not in a threatening position.